

YNotKnit

By Jill Wolcott and Susan Wolcott
(\$16.95, Y2Knit, 107 pages)

Together, sisters Jill and Susan Wolcott run a successful pattern line and knitting workshops, where they have taught hundreds of people to knit using the Continental method. This method of knitting consists of holding the yarn in the left hand while picking or scooping the yarn with the tip of the right-hand needle. Once mastered, it is very fast and may reduce the incidence of repetitive stress disorders.

In the self-published *YnotKnit*, Jill and Susan offer their own Continental Learn to Knit class, from cast-on to bind-off. You'll knit a few scarves, picking up new skills and tips along the way. Each step is illustrated with black-and-white line drawings. The spiral binding allows the book to lie open while you work.

